

Histories

FEEDING

Breast-fed? Yes / No How long? _____ On demand? Yes / No

Formula used? Yes / No If yes, when introduced? _____

Type of formula used: _____

Introduced to solid foods? Yes / No If yes, what & when? _____

When was cow's milk introduced? _____ Current diet (picky eater?) Yes / No

General

SLEEPING HABITS Describe the following:

At present: _____

Napping habits: _____

Trouble staying awake/falling asleep: _____

BEHAVIOR & EMOTIONAL HISTORY

At school: Performance / Anxiety / Separation Anxiety

Other: _____

At home: Describe relationship with friends, family siblings: _____

Potty training: _____

Interests/activities: _____

Circle any of the following that your child has: Nail biting / Thumbsucking / Nightmares /

Bad temper / Fears / Irritability / Wets bed / Speech problems / Jealousy /

Can't toilet train / Breath holding / Self abuse habits

MILESTONE AGES

Sitting _____ Talking _____ Walking _____ Rolling over _____ Dressed self _____

Any additional information?

Thank you for your time!

Signature _____